

Healthcare Touch provides people a faster more efficient way to obtain their medicines.



You live far from the doctor and don't want to drive there? The solution is here. Let HTC fill your prescriptions via telemedicine.

Lower costs, no wait time, no more driving to the doctor. Our services allow you to talk to a doctor over the phone, we then ship directly to your home.

Our compound medications are non-narcotic, non-addictive and safe to use with your other medicines.

Our compounding pharmacists provide solutions to all these problems, and more.

Pharmacy compounding is a long-established tradition that offers customized care to meet the specific needs of individual patients

We offer direct handling of the insurance claims and shipping of the medication to the patients home.

What is Compounding?



Pharmacy compounding is the art and science of preparing customized medications for patients. In the 1930s and 1940's, the majority of prescriptions were compounded.

Compounding dates back to the early beginnings of time.



With the advent of mass drug manufacturing in the 1950s and '60s, compounding declined as the pharmacist's role as a preparer of medications quickly changed to that of a dispenser of pharmaceutical manufactured drugs.



In the last 20 years, however, compounding has experienced a renaissance as modern technology and innovative techniques and research have allowed more pharmacists to customize medications to meet a patient's unique needs.

How does compounding benefit me?



There are several reasons why prescribers and pharmacists provide compounded medications for patients. The primary reason for compounding is to avoid patient non-compliance, which means the patient is either unable or unwilling to use the medication as directed. Many patients are allergic to preservatives or dyes, or require a dosage that is different from the standard drug strengths.

With a physician's consent, a compounding pharmacist can:

- ▶ Adjust the strength of a medication
- ▶ Avoid unwanted ingredients, such as dyes, preservative, lactose, gluten, or sugar.
- ▶ Add flavor to make the medication more palatable
- ▶ Prepare medications using unique delivery systems. For patients who find it difficult to swallow a capsule, a compounding pharmacist may prepare the drug as a flavored liquid suspension instead. Other medication forms include topical gels or creams that can be absorbed through the skin, suppositories, sublingual troches, or even lollipops.

Can my child or my elderly parent take compounded medication?



- ▶ Yes! Children and the elderly are often the types of patients who benefit most from compounding. It is common for parents to have a tough time getting their children to take medicine because of the taste.
- ▶ A compounding pharmacist can work directly with the physician and the patient to select a flavoring agent, such as bubblegum, grape, tutti frutti, or vanilla which provides both an appropriate match for the medication's properties and the patient's taste preferences. Just think – no more wasting medicine when a cranky patient spits it out!
- ▶ Compounding pharmacists also can help patients who experience chronic pain. For example, some arthritic patients cannot take certain medications due to gastrointestinal side effects. With a healthcare practitioner's prescription, a compounding pharmacist may be able to provide these patients' anti-inflammatory or pain-relieving medications with topical preparations that can be absorbed through the skin. Compounded prescriptions frequently are used to ease pain, nausea, and other symptoms for hospice patients as well.

Is compounding legal? Is it safe?

- ▶ Yes, safer and with NO side effects
- ▶ Compounding has been part of healthcare since the origins of pharmacy, and is widely used today in all areas of the industry, from hospitals to nuclear medicine. Over the last few decades, compounding's resurgence has benefited largely from advances in technology, quality control and research methodology
- ▶ The US Food and Drug Administration has stated that compounded prescriptions are both ethical and legal as long as they are prescribed by a licensed practitioner for a specific patient and compounded by a licensed pharmacy. In addition, compounding is regulated by State Boards of Pharmacy

Will my insurance cover compounded medications?

- ▶ Our Pharmacy manager will send the claims in to the insurance company for approval
- ▶ While you may be paying a pharmacy directly for a compounded prescription, most private/commercial insurance plans cover the medication cost. In some cases there maybe a co-pay of \$10 or so.

Is compounding expensive?

- ▶ Compounding may or may not cost more than conventional medication. Its cost depends on factors such as the type of ingredients and equipment required, plus the time the pharmacist spends researching and preparing the medication.
- ▶ Fortunately, compounding pharmacists have access to pure-grade quality chemicals which dramatically lower overall costs and allow them to be very competitive with commercially manufactured products.

Our current focus is on the following compounded medications



- ▶ Pain Management
- ▶ Scar Care
- ▶ Wound therapy



Telemedicine Physician's



- ▶ The patient always talks to a Doctor or a Nurse. Each patient is evaluated in a triage environment to determine to proper medication for the patient. A patient is ask about the current medications they are taking. The Nurse will ask the same questions that as you would in going in person to the doctors clinic. We are doing this same process over the phone. After this is complete the Doctor write the patient a prescription for the drug.
- ▶ Once will get permission from the patient, our pharmacy gets approval from the insurance company to cover costs of the medicine, the pharmacy mixes the compounds and are packaged and sent to the patients home.